

	<ul style="list-style-type: none"><li>• Participating in a conservation project, eg. clearing weeds, cleaning a river, or caring for threatened fauna or flora.</li><li>• Caring for a public/school garden.</li><li>• Providing, maintaining, and encouraging the use of public wastepaper bins.</li><li>• Working in a clean-up campaign.</li><li>• Bush and natural environment regeneration.</li><li>• Joining local Landcare/Bushcare groups</li></ul>

- Visiting people in need, such as elderly or disabled people, on a regular basis to provide assistance with shopping, gardening or other domestic tasks, or simply to keep them company.
- Voluntary work in hospitals, libraries and care centres.
- Visiting prisons or detention centres (under the auspices of the proper authorities).
- Helping with a local community radio or newspaper.

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Unpaid baby-sitting, especially in private homes would normally not meet the requirements of this section. If the baby-sitting was assisting at a local clinic, playgroup on a regular basis, it would apply as would baby-